



# Excellence Together



Health Sciences Centre  
**FOUNDATION**

Setting new records;  
setting new standards

Annual Report 2022/2023



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**Our Vision:** Tomorrow's Health Care, Today

**Our Mission:** Inspiring generosity to create the best health care experience for all Manitobans

In partnership with over 57,000 donors since 1976, the Health Sciences Centre Foundation supports the important work of HSC Winnipeg, Manitoba's hospital.

Through the Health Sciences Centre Foundation, your gifts promote innovation and help to advance vital medical research; purchase state-of-the-art equipment to diagnose and treat patients; train the next generation of medical and research leaders; enhance HSC Winnipeg's facilities; and implement programs to enhance the patient and family experience.

As a Foundation, it is our role to inspire your generosity and earn your trust by building relationships with you, by sharing stories of excellence in research and patient care, and by connecting you with the projects and opportunities that matter most to you. Together, we make life better for patients and their loved ones.

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[@hsc.foundation](https://www.instagram.com/hsc.foundation)

[linkedin.com/company/healthsciencescentrefoundation/](https://www.linkedin.com/company/healthsciencescentrefoundation/)

[youtube.com/@HSCFoundation](https://www.youtube.com/@HSCFoundation)

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*The HSC Foundation acknowledges that health services across Manitoba are provided in facilities located on the original lands of First Nations and Inuit peoples, and on the homeland of the Red River Métis. We respect that First Nations treaties were made on these territories, acknowledge harms and mistakes, and we dedicate ourselves to collaborate in partnership with First Nations, Inuit, and Red River Métis peoples in the spirit of reconciliation.*

## A message from our Chair and President & CEO

# Excellence Together

## Setting new records; setting new standards

**The 2022/2023 fiscal year will forever stand out as a year of milestones and remarkable progress for the Health Sciences Centre Foundation. It was truly a monumental year.**

We generated \$30.9 million in revenue, a staggering number and a new record for us. This total includes record revenues for the Innovation HSC Radiothon and our signature event—Savour: Wine & Food Experience. How wonderful it was to gather again in-person at Savour! We partied, we danced, and—most important—we rallied together as a community to raise \$938,000, including roughly \$400,000 to support the acquisition of new, leading-edge spine surgery equipment.

But the greatest source of our increased revenues was the phenomenal level of support we saw (and are continuing to see) for Operation Excellence, the largest campaign in our history. At the time of writing, we have raised over \$80 million, including a \$50 million commitment from the Province of Manitoba, toward

our \$100 million goal.

The campaign was conceived to improve patient care by refocusing HSC as a surgical centre of excellence and innovation through the acquisition of new, state-of-the-art, minimally invasive equipment; and the redevelopment of spaces to meet the emerging needs of HSC

*“But the greatest source of our increased revenues was the phenomenal level of support we saw (and are continuing to see) for Operation Excellence, the largest campaign in our history.”*



*Tina Jones, O.M., and Jonathon Lyon*

and of Manitobans. Our goal has always been to reduce wait times for diagnostic tests and for surgeries, shorten hospital stays, and improve patient outcomes. Thanks to your ongoing generosity, we are starting to see evidence of success and we are so excited to achieve our goal in the coming months so that we can realize the full potential of this bold plan.

In the pages of this annual report, you will read about the highlights of the year and you will meet some members of the community who have demonstrated their support in remarkable ways. You will also see a montage of photos commemorating the 150th anniversary of HSC, and you will read a fascinating article by Dr. Shawn Young, HSC’s Chief Operating Officer, about the emerging and vital role of virtual care in medicine.

Because you are setting new records in philanthropy, HSC can continue to set new standards in care. We are deeply grateful for your support.

So let’s celebrate HSC’s rich history, and let’s acknowledge the successes of today. And let’s work together to pave the way for future advancements and even better health care for Manitobans. Together, we will continue to set new records and new standards. ◇

**Tina Jones, O.M.**  
Board Chair

**Jonathon Lyon**  
President & Chief Executive Officer



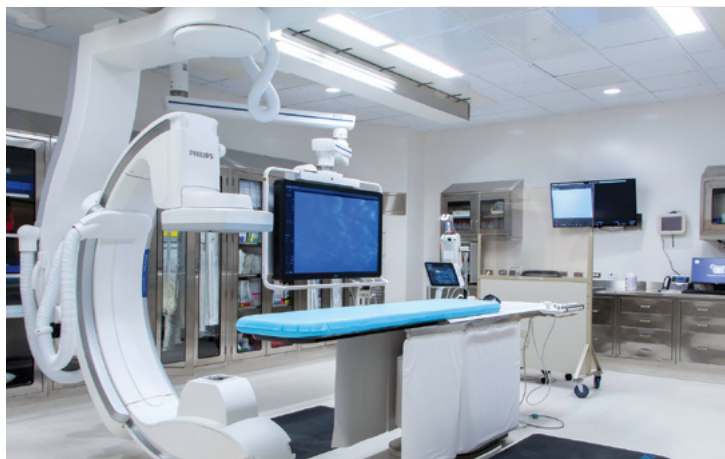
# Year at a Glance: 2022/2023

The 2022–2023 fiscal year was a year like no other. We gathered together in person again, and we saw our donors step up like never before. Fuelled largely by the passionate support of our Operation Excellence campaign, the Foundation generated a record-setting \$30.9 million in revenue. With such monumental support, we are able to help the remarkable health care professionals at Manitoba's hospital set new standards in care and deliver on our vital and ambitious shared vision of providing *tomorrow's health care, today*.

*Here are a few HSC Foundation highlights from 2022/2023:*



On **June 22, 2022**, we made history by launching our largest ever capital campaign—the \$100 million **Operation Excellence** campaign to revitalize and refocus HSC as a surgical centre of excellence and innovation. The campaign is designed to acquire numerous pieces of leading-edge, minimally invasive diagnostic and surgical equipment; and fund the development of eight new operating rooms at HSC. At the time of publication, we have already raised over \$80 million, including a \$50 million contribution from the provincial government. See [www.OperationExcellence.ca](http://www.OperationExcellence.ca)



On **June 9, 2022**, we formally unveiled the state-of-the-art **Paul Albrechtsen Interventional Radiology Suites**. This was a \$10.2 million initiative reflecting a partnership between government and philanthropy. Since opening, the suites—named in honour of the late Paul Albrechtsen, the largest supporter in the history of the HSC Foundation—have been fulfilling their promise of an enhanced patient experience, improved patient outcomes, and better conditions for the exceptional professionals who work in interventional radiology.



We rallied our community in support of our fourth annual **Innovation HSC** campaign. It launched in **September 2022**, surpassed its \$2.8 million goal on May 17, 2023, and raised over \$3 million. This campaign helps HSC acquire vital equipment to improve patient care.

The **HSC Millionaire Lottery**, which sold out for the third year in a row in **November 2022**, generated net proceeds of \$2.31 million; the **Tri-Hospital Dream Lottery**, held in partnership with the Children's Hospital Foundation of Manitoba and the St. Boniface Hospital Foundation, generated \$879,000 in net revenue in support of HSC.



Spearheaded by Board member Katie Hall Hursh, we successfully ran a short, focused campaign to upgrade **gynecological surgical equipment**. The campaign raised more than \$105,000 and the upgrades will ensure that optimal equipment is available for emergency gynecological surgery 24 hours a day.



Thanks to our generous donors and Board member Brian Lerner's matching gift challenge, we surpassed our \$100,000 fundraising goal to acquire an **ocular coherence tomograph machine**. The machine shortens the amount of time it takes to diagnose multiple sclerosis and allows for better tailoring of treatment strategies.



On **October 15, 2022**, we welcomed six new members to the **Bannatyne Legacy Circle**—a community of donors who have named the HSC Foundation as a beneficiary of their wills or have committed to another planned gift. The Bannatyne Legacy Circle Celebration (our first in-person event since the start of the pandemic) attracted 120 guests in person and 100 online. See page 16 for details.



Our 17th-annual **Innovation HSC Radiothon**, presented by Maric Homes, took place on **January 20, 2023**, and raised a record-breaking \$220,194 in support of patient care. See page 7 for details.



On **February 17, 2023**, we announced a \$1 million gift to the **Manitoba Urologic Centre** campaign from Exchange Income Corporation. This is the largest philanthropic gift ever made by EIC, and it will help ensure that all Manitobans—including First Nation, northern, and rural communities—receive better and more timely care.



**Savour Ireland: Wine & Food Experience**, presented by Jones & Company Wine Merchants, raised a Savour record of \$938,000 on **February 25, 2023**. See page 7 for more details.

In **March 2023**, we launched a \$500,000 campaign to develop four rooms between HSC's new Epilepsy Monitoring Unit and Manitoba's Provincial Acute Neurosurgery Unit. The new **Unit B5B** will meet the unique needs of both patient populations. Construction is nearing completion; the campaign is still underway.



## Third-Party Events and Initiatives

Every year, the HSC Foundation is grateful to receive vital support from dedicated partners in our community. Businesses, community groups, and individuals rally behind our cause through special events and initiatives. This year, we proudly highlight the impactful partnership the HSC Foundation has with Bids for Benefit. Through their rotating collection of artwork being bid on by passersby, Bids for Benefit raised over \$4,500 for the HSC Foundation from April 1, 2022, to March 31, 2023.

*Canad Inns Vice President of Community Relations, Cindy Carswell, stands with artwork on display for bidders at Canad Inns Destination Centre Health Sciences Centre.*

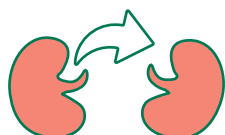
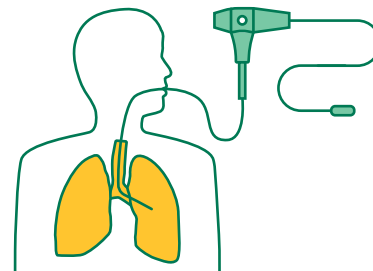
# HSC by the Numbers

## 2022/2023



**6,021** mothers delivered babies.

**300** endoscopic bronchial ultrasounds were performed in the donor-funded Wilf Taillieu Thoracic Surgery Clinic and Endoscopy Unit.



**84** kidney transplants were performed.



Through donor support, the HSC Foundation provided **\$8.8 million** to HSC in direct support of clinical projects and research.

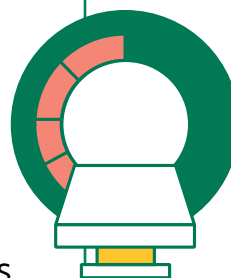
There were **53,357** adult visits to the Emergency Department.



There were **14,494** operating room cases.

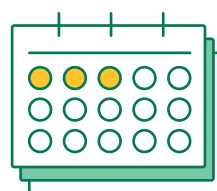


There were **5,086** visits to the donor-funded HSC Transplant Wellness Centre by post-kidney-transplant patients.



**6,516** exams were performed in the donor-funded Paul Albrechtsen Interventional Radiology Suites.

There were **25,097** adult admissions to HSC.



Patients (excluding newborns) spent **278,236** days in hospital.



# Events

## Record-breaking \$938,000 Raised at Savour Ireland

**Savour: Wine & Food Experience, presented by Jones & Company Wine Merchants, was back in full swing for its first in-person extravaganza since 2020.**

On February 25, 2023, over 730 guests brought their generosity and inner Irish spirit to the RBC Convention Centre for the HSC Foundation's Savour Ireland: Wine & Food Experience.

A record-breaking total of over \$938,000 was raised, including \$400,000 for a suite of minimally invasive endoscopic spine surgery equipment through our Fund-A-Need auction. This equipment will allow surgeons to reduce the impact of spine surgery on patients and preserve as much of the patient's range of motion as possible.

Guests began the evening enjoying fine whisky, wine, and beer, sponsored by Manitoba Liquor Marts, Tasting Experience Partner.

Thanks to Entertainment Partner, TD Bank Group, The Specialists—a band that includes three HSC physicians—and the Big City All Star Band had guests dancing all night long.

We'll see you next year at Savour: Greece on February 24, 2024!



*Savour attendees bid on four amazing live-auction prizes, including a trip to Ireland donated by The Great Canadian Travel Group Inc., all in support of health care in Manitoba.*

### Savour Partners:

- Jones & Company Wine Merchants (Presenting Partner)
- Manitoba Liquor Marts (Tasting Experience Partner)
- TD Bank Group (Entertainment Partner)
- SkipTheDishes (Key Event Partner)
- Canadian National Railway
- HSC Section of Plastic Surgery
- HSC Department of Surgery
- HSC Department of Urology
- HSC Section of Thoracics
- Pitblado Law
- Radiology Consultants of Winnipeg
- Solinsky Consulting
- Winnipeg Spine Program
- Max Rady College – Department of Anesthesiology, Perioperative, and Pain Medicine
- Wellington-Altus Private Wealth Inc.

### Live Auction Partners:

- ADESA Winnipeg
- Calm Air
- Great Canadian Travel Group Inc.
- Great White Bear Tours
- Jennifer Jones and Brent Laing
- Jones & Company Wine Merchants
- Sea North Tours

## Record-breaking \$220,194 Raised During Innovation HSC Radiothon

**On January 20, 2023, the HSC Foundation raised a record-breaking \$220,194 during our 17th-annual Innovation HSC Radiothon, presented by Maric Homes.**

From 6 AM to 6 PM, listeners tuned in to 680 CJOB, Power 97, and Peggy 99.1 to hear from grateful Manitoba patients who shared their health-care journeys, as well as doctors, researchers, and frontline health care providers who shared insights and innovations from HSC.

"Every donor who supported our Innovation HSC Radiothon will make a difference in the lives of thousands of Manitobans who rely on HSC every year," said Jonathon Lyon, President & CEO, HSC Foundation. "On behalf of our Board, staff, and volunteers, I want to thank everyone who contributed to the success of this event."

This year, Innovation HSC Radiothon donations included matching gifts from Access Credit Union, Arbor Memorial, Johnston Group, Manitoba pork producers, and The Wawanesa Mutual Insurance Company.

Money raised through the Radiothon enables the HSC Foundation to improve patient care at HSC through the acquisition of cutting-edge, minimally invasive medical equipment; the support of important research initiatives; and the development of new state-of-the-art facilities.



*Trina Wall, grateful patient and HSC Foundation volunteer, shares the courageous story of her battle with—and recovery from—cancer.*

### Radiothon Partners:

- Maric Homes (Presenting Partner)
- Access Credit Union (Matching Partner)
- Arbor Memorial (Lead-up Partner)
- Johnston Group (Lead-up Partner)
- The Wawanesa Mutual Insurance Co. (Matching Partner)
- Dr. Ted Lyons, O.C. (Department Champion)



# Excellence in Philanthropy; Excellence in Care

**Our donors make the difference**

**A patient's care improved. A family's burden eased. Lives saved. Lives changed. We see evidence each and every day of how donations to the HSC Foundation have a profound impact on Manitobans and on the delivery of health care.**

Through targeted, effective campaigns and the enormous generosity of Manitobans, the HSC Foundation acquires vital, leading-edge equipment so that the outstanding doctors, nurses, and allied health professionals at HSC—Manitoba's hospital—can do their best work.

Through our ongoing, transformational Operation Excellence campaign, we are seeing important progress and record-setting levels of support.

Our donors—like those featured here—help HSC set new standards in care. Our donors are passionate, generous, informed, and committed. You are all helping HSC deliver tomorrow's health care—today—and we are deeply grateful.

**Ray Bouchard**

**“We need to push the envelope.”**



“We are fortunate as Canadians that health care is afforded to everyone, but there are some limitations within the system,” says Ray Bouchard, an HSC Foundation Board member since 2022.

As the President and CEO of Enns Brothers Ltd., an agricultural equipment dealer, Bouchard knows how important it is to invest in innovation “to stay on the front edge of the curve.” For health care, he says, such progress requires “philanthropic capital.”

“I really felt that we were missing opportunities in health care to adopt and introduce innovation,” says Bouchard of his decision to join the Board of Directors. “We need to push the envelope in health care. There are new, less invasive, state-of-the-art technologies that are available. The challenge is how quickly we can acquire and introduce these technologies. I think this is where each and every one of us as Manitobans can play a role.”

As a Board member, Bouchard says he has gained greater insights into what the public purse funds and what it doesn't, and he supports the Operation Excellence campaign as a way to raise the bar.

“We cannot achieve modernization, innovation, and health care excellence through traditional funding mechanisms alone,” says Bouchard, a long-time Foundation donor along with his wife Debra.

“Operation Excellence is exactly the type of bold action that we need to take to become leaders in the delivery of care for today and for generations to come. The campaign is allowing HSC to adopt innovative approaches to health care. It's going to allow HSC to pilot new tools and introduce new technologies to advance all departments and all areas of HSC. As Manitoba's hospital, HSC will touch the lives of all Manitobans. I would encourage everyone to support Operation Excellence.”



## Andrew and Krista Koop

### “...we know that HSC ultimately touches the lives of every family in the province.”

The passion of a friend, the vision of a surgeon, and a sense of responsibility to the community inspired Krista and Andrew Koop to make a major gift to the HSC Foundation’s Operation Excellence campaign.

“Our friend Tina Jones (Chair of the HSC Foundation Board of Directors) is absolutely driven by the importance of Operation Excellence,” says Krista. “She introduced us to Dr. Ed Buchel (HSC’s Surgery Site Director) and he made a compelling case for this campaign.”

“His vision is huge, and it makes good sense,” adds Andrew. “With the addition of new technology, people will have shorter hospital stays, which means beds can be freed up for the next people who need them. It’s simply more efficient and there’s a positive trickle-down effect that will permeate throughout the health care system. We’re contributing so that patients will have better outcomes and so that the system will have better outcomes. And the time to contribute is now; equipment will only get more expensive.”



Above all, though, the Koops—owners of Irwin Homes—have made their Operation Excellence gift from a place of gratitude and from a place of communal responsibility.

“Winnipeg and Manitoba have been good to us, and we want to do our part to make sure everything here is excellent,” says Andrew.

“We read the stories of patients and donors on the Foundation’s website, and realize how vital HSC is for Manitobans,” adds Krista. “Touch wood, we haven’t had any major health challenges, but we know that HSC ultimately touches the lives of every family in the province.”

## Shirley and Richard Lawrence

### “When we need HSC, it needs to be there.”

Shirley Lawrence and her husband Richard—retired school teachers in Selkirk—have been donating regularly to the HSC Foundation for 34 years, including a gift to the Operation Excellence campaign in 2023.

The Lawrences have been giving for so long, in fact, that they don’t recall what prompted that first gift in 1989. They’ve just always known that supporting HSC is the right thing to do.

“HSC is Manitoba’s signature hospital and it needs to stay current with technology,” says Shirley. “HSC is absolutely critical for Manitoba and we all need to contribute to keep improving it.”

The Lawrences live a full and active life in retirement. They enjoy camping, hunting, and spending time at their cabin in their hometown of Eriksdale. They are good-humoured, active, and grateful for the care they and their family members have received at HSC over the years.

In 1994, Richard had subcutaneous lymphoma, a rare form of skin cancer. He required full-body radiation for several weeks. “It worked, but the treatment wiped out his sweat glands,” says Shirley. Eight years ago, he had a recurrence. Instead of radiation,



this time he was able to be treated quickly and successfully with a nitrogen mustard cream. For Shirley, progress like this reinforces her commitment to supporting health care.

“When we need HSC, it needs to be there,” she says. “And we need to support it, even when we’re not sick because there will come a time when we’ll all need it.”

## Winnipeg Kinsmen

### “What touches us about this campaign is that we can make life easier for patients.”

For the 22 volunteer members of the Winnipeg Kinsmen, membership is all about giving back to the community. With the service club's recent support of the HSC Foundation's Operation Excellence campaign, they are indeed giving back in a big way.

This new support follows a major donation to the HSC Foundation's COVID-19 Crisis Response Fund in 2020.

“COVID altered our giving,” says Hiren Shah, Winnipeg Kinsmen's Vice President of Service. “Right now, coming out of the pandemic, one of our biggest areas of focus is addictions and mental health, and people needing help in those areas are better served when the entire health care system is strong.”

The Winnipeg Kinsmen, formed in 1924, raise most of their funds through Kinsmen Jackpot Bingo (airing 5:30 p.m. every Saturday on CTV) and the Annual Kin Kar Raffle. They distribute millions of dollars a year to health care organizations, children's charities,

social services, art, education, and sports. Their support of the HSC Foundation is one of their many strong expressions of support for community well-being.

“HSC is a vital hub for the health care system for Manitoba and for Northwest Ontario. It covers a large area,” says Shah. “I think one of the most important aspects of Operation Excellence is that with the new equipment patients who live far away from HSC don't have to come back multiple times for care. What touches us about this campaign is that we can make life easier for patients, their families, the surgeons, the nurses, and the whole system.”



winnipegkinsmen

## Joe and Karn Sandy

### “I give them my heart. They work so hard there.”

Joe Sandy was sluggish and dehydrated in August 2022 when his wife Karn called a nurse they knew for advice.

“What's his blood pressure?,” asked their friend.

“71 over 52,” Karn replied.

“Call 911.”

Karn nervously did as advised. With COVID restrictions still in place on some units, and with Joe being confused and hard of hearing, she was concerned that there could be glitches in his care if she couldn't be by his side.

Over the previous few months, Joe had taken ill twice, including a bout with COVID that had some lasting effects on his energy and breathing. He has one kidney, gastroenterological issues, atrial fibrillation, and chronic obstructive pulmonary disease (COPD).

Karn's greatest concerns were that Joe might get COVID again, and that he wouldn't be able to hear and understand the questions being asked of him.

“When I got to HSC's Emergency Department, I explained to them about the hearing problem and they took me almost immediately into a separate room,” recalls Karn. “The doctor took a look at him and came to talk with me right away. I started to feel a little bit better and I could tell that they understood my concerns.”

Joe wasn't transferred to a unit, where Karn would not have been



able to visit. Instead, staff found a way to keep him in his own space where Karn could stay and communicate on his behalf.

“I received the best care I've ever had. People cared,” says Joe, now 85, holding back his tears. “I give them my heart. They work so hard there.”

It turns out that Joe had an E. coli. He was treated and then discharged as soon as the infection was under control.

The Sandys have been regular contributors to the HSC Foundation, but decided to make a larger-than-usual gift—and share their story—as a way of expressing their gratitude.

A year has passed since the E. coli experience, and, despite his many health challenges, Joe is living a very full life socializing and exercising daily, and polishing his red '47 Mercury in preparation for the next vintage car show.

“He does all of the gardening and most of the housework,” says Karn with a smile. “I just can't get him to cook!”



## Liz Rootsart

### “It’s how I was raised.”



Growing up in Manila in the Philippines, Liz Rootsart remembers seeing her parents living out the Filipino principle of “bayanihan”—a spirit of community unity and a desire to come together to help people in need.

“We were poor when I was growing up,” says Rootsart, an Executive Assistant at the HSC Foundation. “To earn more money, my mom would

cook noodles and desserts and sell them in front of our house. Almost every day someone would come by and ask for free food because they had even less money than we did. My parents always said ‘yes’ when it came to helping others. It’s how I was raised.”

Rootsaert, a former Microsoft implementation project manager, moved to Winnipeg in 2006 two years after meeting the man who

was to become her husband. “We met online talking about tech,” she laughs. “We’re both geeks!”

After her stint with Microsoft Canada ended in 2015 due to global layoffs, Rootsart joined the HSC Foundation staff to support the executive team and serve as the organization’s in-house tech maven. From her unique vantage point, she very quickly learned how important HSC is to health care in Manitoba, and how important philanthropy is to HSC. Driven by that same spirit of bayanihan that shaped her upbringing, Rootsart became a proud donor, and recently made a gift to HSC’s Operation Excellence campaign. In fact, 100% of the HSC Foundation’s 22 staff members are donors to the organization through the annual Your Charity at Work campaign.

“We have such amazing people at the hospital,” she says. “With donations, we can make sure they have the equipment they need to do their best work. And when we have the best equipment we can attract more people to work here.”

## Fund-A-Need Donors

### “Our donors make progress possible.”

HSC’s spine surgeons and other donors rallied together in February 2023 to fund a suite of new, minimally invasive equipment to improve outcomes for patients receiving endoscopic spine surgery.

Through the annual Fund-A-Need Auction—held in conjunction with Savour: Wine & Food Experience, presented by Jones & Company Wine Merchants—donors contributed \$400,000 to the cause. Of that, HSC’s spine surgeons contributed \$150,000.

In most spine surgeries, the surgeon must take pressure off of the patient’s spine or the nerves to preserve or restore mobility and to decrease pain. With conventional equipment, the challenge is to do this without destabilizing the spine by carving away too much bone and ligament.

The new, minimally invasive equipment will allow HSC’s spine surgeons to reduce the impact of spine surgery on normal anatomy and preserve as much of the patient’s range of motion as possible.

Among other features, the equipment includes narrow scopes with flexible tips that will allow surgeons to work around healthy structures (instead of carving them away) to get to the targeted area.



With 360-degree cameras on the ends of the scopes, the surgeons’ work will be visible on high-definition monitors. This means smaller incisions are required, which reduces pain and the risk of complications after surgery. In many cases, the patient can be wide awake during the procedure and they can go home—pain-free—the same day.

“This is truly remarkable and revolutionary technology that will help our surgeons preserve and restore mobility, and improve patients’ quality of life,” says Annette Frost, Chief Development Officer at the HSC Foundation. “We are moved by how quickly and enthusiastically people rallied to support this initiative. Our donors make progress possible.”

# Honouring 150 Years Together

A tradition of progress and excellence

This year, HSC Winnipeg marks 150 years of serving the community, thanks in large part to donors like you. Health Sciences Centre's history begins with the establishment of the Winnipeg General Hospital in 1872. In 1973, the Winnipeg General Hospital merged with Children's Hospital of Winnipeg and The Manitoba Rehabilitation Hospital–D.A. Stewart Centre (Respiratory Hospital) and became HSC Winnipeg.

We honour the visionary donors, leaders, and medical professionals who established HSC and its founding institutions. And we recognize the generations of supporters and health care personnel who have always championed excellence in patient care. ♦



**1890s**

Winnipeg General Hospital buildings: the maternity hospital, nurses' home, and administration building.



**1910**

A motor-driven ambulance brings patients to the hospital.



**1946**

735 Notre Dame Avenue, site of the maternity pavilion (before construction).

1890s

1910

1946

1900



**1900**

Nurses in the original operating room observation gallery.

1905



**1905**

Winnipeg General Hospital maternity staff.



**1956**

Cobalt bomb in X-ray Therapy Department.

1956

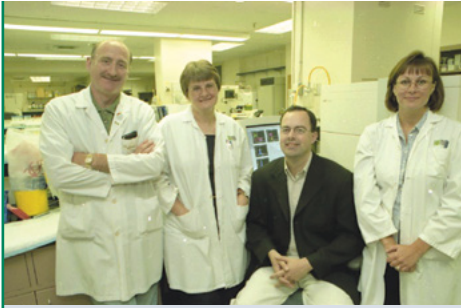
1966



**1966**

Intensive Care Unit opens.





**1969**

The medical team that conducted the first kidney transplant in Manitoba.



**1993**

Construction of the Emergency Department entrance on McDermot Avenue.



**2009**

The 80,000 square foot Kleysen Institute for Advanced Medicine opens its doors. The institute was funded by the \$25 million HSC Foundation Breakthrough! campaign led by Hubert Kleysen.



**2016**

Paul Albrechtsen Heliport opens. Prior to opening, patients transported to HSC by air needed to land at the airport and then transported to HSC by ground ambulance. The heliport is named for the late Paul Albrechtsen, the largest donor in the history of the HSC Foundation.



**2019**

The donor-funded Wilf Taillieu Thoracic Surgery Clinic and Endoscopy Unit opens. The space is equipped with state-of-the-art, minimally invasive equipment that allows for safer procedures and faster recovery times.

1969

1993

2009

2016

2019

2003

Today



**2003**

HSC introduces the gamma knife which can treat certain types of brain tumours without incision, and with minimal risk to healthy tissue.



**Today**

HSC Winnipeg—Manitoba's hospital—provides care to approximately 570,000 patients a year. It is the provincial tertiary centre for trauma, transplants, burns, neurosurgery, complex cancer care, and pediatric care. With the HSC Foundation's acquisition of the Manitoba Clinic building in 2023, HSC will be able to construct new patient towers years ahead of the original plan. And with donor-funded upgrades underway through the HSC Foundation's Operation Excellence campaign, HSC will be poised to serve Manitobans for generations to come—guided by its historic spirit of excellence and innovation.



To learn more about HSC's milestone anniversary, please watch the anniversary video by scanning the QR code.

# Financial Statements

## HEALTH SCIENCES CENTRE FOUNDATION INC.

### Statement of Financial Position

As at March 31	2023	2022
<b>Assets</b>		
Cash and bank	\$ 20,144,614	\$ 9,550,647
Accounts receivable	353,277	153,652
Prepaid expenses	57,216	53,188
Investments	55,589,654	53,360,458
Capital assets	6,224,620	6,494,135
	<b>\$ 82,369,381</b>	<b>\$ 69,612,080</b>
<b>Liabilities and Fund Balances</b>		
<b>Liabilities</b>		
Accounts payable and accrued liabilities	\$ 966,982	\$ 774,535
Grants payable	164,861	303,190
	<b>1,131,843</b>	<b>1,077,725</b>
<b>Fund Balances</b>		
General	2,163,273	\$ 1,029,658
Restricted	48,095,314	39,801,548
Endowment	30,978,951	27,703,149
	<b>81,237,538</b>	<b>68,534,355</b>
	<b>\$ 82,369,381</b>	<b>\$ 69,612,080</b>

Approved by the Board of Directors:



**Tina Jones, O.M.**  
Chair of the Board of Directors



**Andrew Stibbard, CPA, CA**  
Chair, Finance & Audit Committee



## HEALTH SCIENCES CENTRE FOUNDATION INC.

### Statement of Operations and Changes in Fund Balances

For the year ended March 31, 2023

	General Fund	Restricted Fund	Endowment Fund	2023 Total	2022 Total
<b>Revenue</b>					
Donations	\$ 404,731	\$ 16,021,740	\$ 3,673,970	\$ 20,100,441	\$ 8,121,845
Events	794,866	395,790	-	1,190,656	779,374
Lotteries	8,435,387	-	-	8,435,387	9,398,718
Other revenue	96,080	-	-	96,080	205,650
Investment income (loss)	780,586	704,076	(398,168)	1,086,494	2,210,052
	10,511,650	17,121,606	3,275,802	30,909,058	20,715,639
<b>Expenses</b>					
Fundraising	1,530,796	-	-	1,530,796	928,762
Events	483,793	-	-	483,793	356,824
Lotteries	4,684,729	-	-	4,684,729	4,340,945
Administration	1,879,067	-	-	1,879,067	1,793,510
Amortization	118,027	193,948	-	311,975	303,813
	8,696,412	193,948	-	8,890,360	7,723,854
<b>Excess of revenue over expenses before grants and distributions</b>	1,815,238	16,927,658	3,275,802	22,018,698	12,991,785
<b>Grants</b>	(122,317)	(8,633,892)	-	(8,756,209)	(4,487,834)
<b>Distribution to Children's Hospital Foundation of Manitoba</b>	(559,306)	-	-	(559,306)	(757,407)
<b>Excess of revenue over expenses for the year</b>	1,133,615	8,293,766	3,275,802	12,703,183	7,746,544
<b>Fund balances, beginning of year</b>	1,029,658	39,801,548	27,703,149	68,534,355	60,787,811
<b>Fund balances, end of year</b>	\$ 2,163,273	\$ 48,095,314	\$ 30,978,951	\$ 81,237,538	\$ 68,534,355

For further details, please refer to the HSC Foundation's audited financial statements on our website.  
The HSC Foundation's audited financial statements are reported on by BDO Canada LLP.

# Bannatyne Legacy Circle

## Celebrating stories of generosity, stories of life

On October 15, 2022, we hosted our Bannatyne Legacy Circle Celebration where we were honoured to welcome six new members to the Bannatyne Legacy Circle, a community of donors committed to supporting HSC by endowing a final gift to the Foundation in their wills. These six generous Manitobans, who come from all walks of life, share a desire to improve health care for all.

The HSC Foundation Bannatyne Legacy Circle Celebration was presented by Johnston Group Inc. in partnership with Canad Inns, with additional support from BelleFosh Signs, Jones & Company Wine Merchants, Luminous String Quartet, Outstanding Branding, and Techmodern Consulting.

### Interested in becoming a member of the Bannatyne Legacy Circle?

Becoming a member involves naming the HSC Foundation in your will or naming the Foundation as the beneficiary of an asset you currently hold. If you choose, your commitment will be celebrated publicly, and a story will be written about you and your connection to the HSC Foundation and HSC. This story, approved by you, will be professionally written and presented to you in a special keepsake folder. You can of course choose to participate anonymously.

Thanks to the support of our Bannatyne Legacy Circle members, we can advance vital medical research and continue to provide the absolute best in patient care to Manitobans for years to come.

To learn more about legacy giving and the Bannatyne Legacy Circle, contact Irma McKenzie at [imckenzie@hscfoundation.mb.ca](mailto:imckenzie@hscfoundation.mb.ca) or 204-515-5624 or 1-800-679-8493 (toll-free). ♦



Scan the QR code to watch the 2022 Bannatyne Legacy Circle Celebration.



*In 2022/2023, we received estate gifts from generous supporters of the HSC Foundation who have, sadly, passed away. We are grateful for their vision and foresight, and we recognize them as members of the Bannatyne Legacy Circle. Their promises have been fulfilled, and we celebrate their legacy.*

### We honour the memories of:

**John Mingsin Chang**  
**James Arthur Craig**  
**Leonard Walter Marcischuk**  
**Cathrine Ruth McLeod**  
**Meyer Rypp**

*Meet the generous Manitobans who shared their stories and joined the Bannatyne Legacy Circle in 2022. Here are excerpts from their legacy stories, published in the fall of 2022.*



### John Broadhurst

“Since arriving in Winnipeg in 2017, Broadhurst had not required emergency psychiatric care until early July 2022, when he was treated at the Crisis Response Centre on the HSC campus and at the Crisis Stabilization Unit. He describes the care as exemplary: ‘The CRC is a model of what all emergency care should be like in mental health. The people are outstanding and even the physical environment is healing.’...  
 ...John Broadhurst is an open book, but he is also a man with an open heart and a spirit of generosity. He hopes that by sharing his story through the Bannatyne Legacy Circle, he can help further reduce the stigma of mental health and inspire others to give.”

To read the story in its entirety, visit <https://www.hscfoundation.mb.ca/stories/john-broadhursts-legacy-story/>



### Deirdre and R.M. (Bob) Kozminski

“While they now live on 320 acres in Okotoks, Alberta, Bob and Deirdre Kozminski remain passionate Manitobans at heart, still deeply committed and connected to the province they called home until 2017—and proud to support the Health Sciences Centre Foundation among other Manitoba charities...

HSC and the HSC Foundation have touched the lives of Bob and Deirdre Kozminski, and the hospital has cared for their loved ones. And they express a special fondness for the Foundation’s Board and professional leadership.

‘Philanthropy is absolutely important for health care,’ Bob and Deirdre agree. ‘Government can’t fund everything. We all need to show support for the people on the frontlines of health care. Every donation counts.’ ”

To read the story in its entirety, visit <https://www.hscfoundation.mb.ca/stories/deirdre-and-r-m-bob-kozminskis-legacy-story/>



### Margaret and Paul Wright

“Margaret’s esophageal cancer surgery proceeded and now, at the time of this story, almost eight years after the operation, Margaret remains cancer-free. While Margaret’s compromised liver is still under careful observation, she and Paul continue to live life with joy, gratitude, and generosity. It’s a spirit that drives their ongoing philanthropy and support of the Health Sciences Centre Foundation, along with other charities...

Margaret and Paul live each day in gratitude. They are particularly grateful for Dr. Kelly Kaita, Dr. Allan Micflikier, and Dr. Larry Tan of HSC, whose expertise and compassion have saved and enriched Margaret’s life.

Their approach to life and philanthropy—and their advice to others—is straightforward: ‘Bloom where you are planted. Whatever life throws your way, find a way to thrive, flourish, and give back.’ ”

To read the story in its entirety, visit <https://www.hscfoundation.mb.ca/stories/margaret-and-paul-wrights-legacy-story/>

### Jim Morden

“We weren’t ready to lose him, and he wasn’t ready to go. My mom was in the early stages of dementia at the time and my dad was determined to take care of her,’ says Morden. ‘He got fabulous care at HSC.’

Through his family’s experience with HSC, and his observations of the health care system as a whole, Morden came to believe that everyone needs to contribute to the extent that they can so that all people can have optimal care when they need it, without exception. He also believes that personal success comes from a combination of hard work, skill, and luck. When he thinks about the luck he has had, the idea of giving back to the community—and to the HSC Foundation in particular—simply isn’t a question.”

To read the story its entirety, visit <https://www.hscfoundation.mb.ca/stories/jim-mordens-legacy-story/>




# Our 2022/2023 Donors

## Reaching new heights together

In 2022/2023, our donors were more generous than ever before, rallying together to set new records in philanthropy in support of Manitoba's hospital.

Your ongoing support of our transformational Operation Excellence campaign—and all of our initiatives—helps HSC acquire new, life-changing equipment as the pace of change in medical technology accelerates. And your generosity helps us to adapt our facilities as the needs of our community evolve.

To the Manitobans who support the HSC Foundation year after year, and to the many new donors who joined us in 2022/2023, thank you for your trust and confidence, and thank you for helping Manitoba's hospital deliver tomorrow's health care, today. 

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*At age 27, Alisha Beaudoin spent two months in rehabilitation at HSC Winnipeg after being diagnosed with systemic lupus erythematosus. See: <https://www.hscfoundation.mb.ca/stories/alisha-beaudoins-fight-to-be-home-for-christmas/>*

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Bereket Ezuz received life-changing treatment from Dr. Biniam Kidane at the Wilf Taillieu Thoracic Surgery Clinic and Endoscopy Unit.  
See: <https://www.hscfoundation.mb.ca/stories/meet-bereket-ezuz-grateful-patient/>



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*For Giving Tuesday 2022, the Just Like New To You thrift store generously matched donations, contributing \$10,000. This initiative successfully raised over \$21,000 to procure essential mobility aids and walking equipment for HSC Winnipeg's Intermediate Intensive Care Unit. (Pictured from left to right are Elaine Latter, Carol Cribbs, Marg Turnbull, and Christel Meermann.)*

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*Karmen Bridges (pictured with her family), has been a nurse at HSC Winnipeg Women's Hospital for eight years, and delivered her two children there: "I have seen the health care team here save many lives—there's nowhere else I'd want to go."*  
 See: <https://www.hscfoundation.mb.ca/stories/womens-hospital-nurse-shining-example-of-care-given-and-received-on-hsc-campus/>

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*Grateful patient, Rev. Donna Smalley:  
"I had two major surgeries, two cardiac  
arrests, and aspiration pneumonia,  
all within 48 hours. My stay at HSC  
ended up being five weeks, fighting  
for my life, but I made it!"  
See: [https://www.hscfoundation.  
mb.ca/stories/the-code-blue-was-me/](https://www.hscfoundation.mb.ca/stories/the-code-blue-was-me/)*

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**This list reflects 2022/2023 donations (monthly and \$250+) received by March 31, 2023. We have carefully reviewed for accuracy, and we apologize for any errors or omissions. Please contact the HSC Foundation office with any questions or corrections. Thank you!**



# Research Grants

## New knowledge, better outcomes

In the fall of 2022, the Health Sciences Centre Foundation provided researchers with over **\$470,000** in research grants, helping fund eight projects at HSC. This research has the power to transform patient care by enhancing the knowledge of our medical teams—ultimately leading to better diagnoses and treatment methods. We thank our donors for investing in research to move health care forward.

### Funded projects include:

#### Allied Health Grant

**Brenda Tittlemier:** Adult outpatient musculoskeletal and hand physiotherapy services during healthcare system transformation (\$16,215)

#### General Operating Grants

**Dr. Peter Thompson:** Understanding the relationship between beta cell dysfunction and autoimmunity in Type 1 Diabetes (\$70,000)

**Dr. Heather Armstrong:** Dietary fibers: feeding the microbiome, or fueling inflammation in rheumatoid arthritis (\$70,000)

**Dr. Jennifer Protudjer:** Cross-Canada anaphylaxis registry (C-CARE) in Manitoba (\$50,000)

**Dr. Asher Mendleson:** Microvascular monitoring in ICU survivors to evaluate ICU-acquired weakness (\$70,000)

**Dr. Abdullah Al Maruf:** Pharmacogenetics of selective serotonin reuptake inhibitor-induced behavioural activation in children and adolescents (PGx-SImBA) (\$69,996)

#### Mindel & Tom Olenick Award in Immunology

**Courtney Marshall:** Sex-related differences in airway inflammation: Immunomodulation by innate defense regulator peptides (\$5,000)

**Stella Onwah:** The role of metabolic enzymes in the virulence and immunopathogenesis of Leishmania infection (\$5,000)



*Dr. Asher Mendelson (front) and his team—(left to right): Dr. Barret Rush, Dr. Marcus Blouw, and Dr. Rodrigo Villar—are using advanced non-invasive tools to understand the relationship among blood flow, oxygen delivery, and exercise capacity in former ICU patients.*

### RESEARCHER SPOTLIGHT: Dr. Asher Mendelson

#### Developing the tools to understand ICU-acquired weakness

Dr. Asher Mendelson is dedicated to preventing intensive care unit (ICU)-acquired weakness, a condition that affects up to 80 percent of ICU patients and can lead to long-term health issues. Before Dr. Mendelson and his team can tackle that challenge, they need to focus on developing a more accurate diagnostic and testing method.

“One of the first things we realized was that to test these patients effectively after recovery from the ICU, we have to develop better exercise research tools,” says Dr. Mendelson. “We’ve spent the last several months designing those new protocols that we’ve been testing on healthy volunteers, and we’re optimistic.”

While optimizing their tools and protocols, Dr. Mendelson and his team are actively screening ICU patients who will participate in their research once the initial tests on healthy volunteers are complete. Expected recruitment of ICU patients will begin in the fall of 2023.

“Over the last five months we’ve worked with 25 of these healthy participants, and we’ve come up with a novel exercise protocol that hasn’t been described before,” he says. “We can’t expect vulnerable people to come back to HSC multiple times for testing, so part of our research was to develop the process to get the same amount of information with a single visit.” Dr. Mendelson and his team are currently writing up their findings with healthy participants for publication.

This grant has not only helped advance the understanding of ICU-acquired weakness, it has also allowed Dr. Mendelson and his team to apply for grants to purchase cutting-edge research equipment. A proposed exercise research facility, located on the HSC campus, would address the scarcity of exercise research equipment on campus and the unmet need to evaluate exercise capacity in ICU survivors.

“There is not enough exercise research equipment on the HSC campus, and what we have is mostly focused on pediatric and spinal cord rehab populations; there isn’t any access for adult ICU patients...so we are hoping to change that,” says Dr. Mendelson.

“The exercise research facility would also allow for more research teams at HSC to conduct their experiments. This HSC Foundation grant has provided support for research personnel and, overall, it’s been a very positive first year of our study.” ♦

# Endowment Funds (at March 31, 2023)

A gift today, an impact forever

By establishing an endowment fund at the Health Sciences Centre Foundation, you are making a gift for all time. Income earned by these permanent funds will help patients today, tomorrow, and for generations to come.

**TO THESE  
VISIONARY  
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WE SAY  
THANK  
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To learn more about establishing an endowment fund at the HSC Foundation, please contact our office at **204-515-5612** or toll-free at **1-800-679-8493**.

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The James Douglas Nichol Lung & Respiratory System Research Endowment Fund	25,314
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Tom and Mindel Olenick Research Fund in Immunology	428,245
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Margaret & Paul Wright Endowment for Research	67,608
Mary Kathleen Yuar Endowment Fund	441,403
Anonymous and Other Endowment Funds	144,841

**Total Endowment Funds held by the HSC Foundation**

**\$30,978,951**



# The Platinum Solution

## Virtual care and the future of medicine

By Dr. Shawn Young, Chief Operating Officer, Health Sciences Centre

*“For some patients, it means three or four daily connections by video chat or phone calls with doctors or nurses,” says Dr. Young.*

*Image by Freepik.*

**At the risk of sounding inhospitable, we want to provide the best care possible at HSC, but we want you to go home as soon as possible. There is growing international evidence that at a certain point in many patients’ recoveries from surgery or illness, healing at home with effective monitoring is better and safer than a prolonged stay in a hospital bed.**

At home, you can open a window, pet your dog, have breakfast with a loved one, read your books, wear your own clothes, and sleep in your own bed. It’s simply **better for most people’s mental and physical health** to be in their own home once they are through the most intensive stages of their health care journey.

Thanks to the generous support of donors to the HSC Foundation’s Operation Excellence campaign and other initiatives, we are making remarkable strides in shortening hospital stays by offering minimally invasive surgeries that see some patients treated and discharged in a matter of hours, not days.

Another key, emerging phenomenon that is helping hospitals shorten hospital stays and provide more comprehensive care is “virtual care”. In essence, virtual care is the idea of keeping meaningful and substantive contact with a patient while they recover in the comfort of their own home. **It is not a replacement for conventional care; it’s a powerful enhancement.** For some patients, it means three or four daily connections by video chat or phone calls with doctors or nurses. It could also mean monitoring your own oxygen saturation and blood pressure at home, with the support of a nurse on the screen in front of you.


As it evolves, virtual care will also be a vital lifeline for patients who live far from HSC. If you live in Gillam, for example, wouldn’t it be better to follow up with your surgeon by video than driving 11 and a half hours (each way) or staying in hospital a week longer than necessary?

**It is important to get people back to their home communities as soon as they are safely ready for discharge.** Effective remote monitoring—potentially supported by our increasingly powerful and versatile smartphones—makes this possible.

HSC and hospitals all over the world have been dipping a toe in the virtual care waters for quite a while. **In fact, now that so many hospitals have tested it successfully, I would say there is no turning back.** Through COVID-19, our mental health leaders broke new ground and saw remarkable results with a Virtual Ward program where mental health patients received care and counselling online. Also through the pandemic, we launched the highly successful, donor-funded Virtual COVID-19 Outpatient Program that allowed for the discharge of stable COVID patients, while beds were freed up for others who needed them. These programs are proof of concept.

**Virtual care works, not for all patients, and not in all circumstances, but it is a critical solution for health care challenges faced the world over.** Like all hospitals, we are preparing for the expansion of virtual care. The business case is solid—less travel required, thousands of dollars per patient saved in hospital time, shorter queues for the next patients who need beds, and other efficiencies. More important, there is mounting empirical and anecdotal evidence that, for many patients, virtual care is the better path to recovery.

**Home is where you’re whole, so home is where you heal.**

Technology, innovation, focus, and your support will help us develop and nurture a robust virtual care infrastructure for all Manitobans. 



*Dr. Shawn Young: “It is not a replacement for conventional care; it’s a powerful enhancement.”*



# The HSC Foundation Team October 2023

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Back row, left to right: Whitney Morrison, CFRE, Monique Levesque-Pharoah, Andrew Lysack, Liz Rootsart, Deanna Holowachuk, Paul Cadieux, CPA, CA, CBV, Jonathon Lyon, Annette Frost, MBA, Alexander Martin Ibagere, Loretta Ackerman, CPA, CMA, Irma McKenzie, Edward Quigley; Front row, left to right: Peggy Vidya, Tansey Buike, CFRE, Connie Gopez, Glynis Corkal, MBA, Shayna Fontaine, Wairimu Njeri, Natasha Havrilenko, Amandeep Mann, Heather Milne. Missing from photo: Lynda Ruban.

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Inspiring generosity to create the best health care experience for all Manitobans

### **OUR VALUES:**

- ◆ We drive innovative solutions.
- ◆ We support equitable health care.
- ◆ We value relationships.
- ◆ We operate with integrity, accountability, and passion.

*Photos: the HSC Foundation Donor Celebration Centre,  
located near the William Avenue entrance.*



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